

Rescue My Marriage Today

Quick Tips

Week 7 - Beyond the Marriage

1. This is the week to take stock of those people outside of the two of you and the impact that they are having on your marriage. Commit to being honest with yourself and with your spouse. Who you surround yourself with is who you become.

 Husband Wife

2. Families are messy and dysfunctional. The two of you need to evaluate who in your families you can bring into your close circle and who needs to stay at arm's length for the betterment of your marriage.

 Husband Wife

3. Friends are only true friends if are supportive of your marriage and the fact that your spouse comes first. If you are spending more time with your friends or sharing more with your friends than your husband or wife, this is the week to start making changes.

 Husband Wife

4. Having kids can change the priorities between husband and wife. Kids can bring out a side of your spouse that you didn't even know existed. It's critical that kids see marriage modeled in a way that is loving and growing. Your grandkids are depending on that. How are you modeling marriage to your kids?

 Husband Wife

5. When your marriage has been having challenges it can be difficult to know when or what to say to the kids. One of the biggest gifts that you can give your children is to present a unified front on these big conversations. Sit down and decide what you need to say to the kids.

 Husband Wife

6. If pornography has ever been a factor in your marriage, this is the week to address that. It's time to evaluate its role in your marriage and the damage that needs to be repaired because of it.

 Husband Wife

7. Infidelity of any type is destructive to your marriage. Healing from it takes time and is a journey for BOTH of you. If this has been a factor in your marriage it is time to outline a plan for recovery.

 Husband Wife

Thoughts for the week:

Loving a child doesn't mean giving in to all his whims; to love him is to bring out the best in him, to teach him to love what is difficult.

~Nadia Boulanger

The best thing that parents can do is to love each other. Kids need that.

~Anonymous

For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one

~Genesis 2:24

Friendship is not about people who remain true to your face, it's about people who remain true behind your back.

~Anonymous

I think every family is dysfunctional, and some manage to control it better than others.

-Viggo Mortensen

Some friends come into your life for a reason, others come only for a season.

~Anonymous

You don't just marry a person, you marry their family.

~Les Parrott

The way we talk to our children becomes their inner voice.

~Peggy Omara

What pornography is really about, ultimately, isn't sex but death.

-Susan Sontag

Daring to set boundaries is about having the courage to love ourselves, even when we risk disappointing others.

~ Brene Brown

Adulterous affairs don't begin with sleeping together; they begin with inappropriate friendships. Therefore protect your marriage by avoiding private communications and intimate conversations with people of the opposite sex.

~Isaac Kubvoruno